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Cynthia is faculty in the College for Adults Baccalaureate of Science in Nursing (BSN CFA), Masters of Science in Nursing Entry Level (MSNEL) and the Doctor of Nursing Program (DNP). She is an Associate Professor at St. Catherine University and has been on the nursing faculty since fall 1999. She assisted in the development of a Unitary Human Caring Science BSN curriculum, which includes integrative and cultural healthcare curricular components. She is active in promoting healthy learning environments built upon safe interpersonal behaviors. She completed her Doctor of Nursing Practice at St. Catherine University.

She is a certified nurse educator (CNE), holds public Health nurse registration, and is a certified Advanced Holistic Nurse (AHN-BC). She is and has been involved in academic and clinical research. She presents locally, regionally, and nationally on holistic nursing, holistic nursing curriculum, and promoting healthy work environments. She is a founding member of the Behavior at Work Collaborative, an organization committed to improving workplace culture. She serves on the MinnHNA Leadership Council. She is committed to the advancement of holistic nursing and promoting holistic, caring, and compassionate nursing to support health and healing for all.